

POSITIVE EMOTION LIST

Able	Beautiful	Courageous
Absolved	Believing	Credible
Abundant	Blessed	Daring
Accelerated	Blissful	Decisive
Acceptable	Bonded	Defended
Accepted	Brave	Delighted
Accepting	Bright	Dependable
Accomplished	Brilliant	Desirable
Accountable	Calm	Dignified
Achieving	Capable	Discerning
Active	Captivated	Disciplined
Adaptable	Cared For	Distinguished
Adequate	Careful	Dutiful
Admirable	Caring	Dynamic
Admired	Cautious	Eager
Adored	Centered	Easy-going
Affluent	Certain	Ecstatic
Agreeable	Cheerful	Edified
Agreeable	Cherished	Efficient
Alert	Clean	Elated
Ambitious	Clear	Elegant
Amenable	Collected	Elevated
Amused	Comfortable	Emancipated
Appreciated	Comforted	Empowered
Approving	Committed	Encouraged
Assertive	Compassionate	Energetic
Assured	Complete	Energized
At ease	Composed	Enthusiastic
Attached	Comprehending	Euphoric
Attentive	Confident	Exceptional
Attractive	Congruent	Excited
Authentic	Connected	Exhilarated
Awake	Conscious	Experienced
Aware	Constant	Expressive
Awesome	Content	Exuberant
Balanced	Cooperative	Faith

POSITIVE EMOTION LIST

Fantastic	Important	Neat
Favored	In control	Noble
Firm	Included	Non-judgmental
Flexible	Independent	Observant
Flowing	Infatuated	Open
Focused	Influential	Open Hearted
Forceful	Innocent	Organized
Forgiven	Inspired	Outgoing
Fortified	Intelligent	Pacified
Fortunate	Interested	Pampered
Free	Invigorated	Pardoned
Friendly	Invincible	Passionate
Fulfilled	Invited	Patient
Gentle	Jovial	Peaceful
Genuine	Joyful	Perfect
Gifted	Jubilant	Persevering
Glowing	Judicious	Pleasant
Good-natured	Kind	Pleased
Graceful	Learning	Popular
Gracious	Liberated	Positive
Gratified	Light	Powerful
Grounded	Lighthearted	Praised
Growing	Loose	Precious
Guarded	Loved	Prepared
Happy	Loyal	Present
Harmonious	Lucky	Productive
Healed	Magnetic	Proficient
Helpful	Marvelous	Progressive
Heroic	Masterful	Prosperous
High	Mature	Protected
Honest	Meek	Prudent
Honorable	Merciful	Punctual
Honored	Methodical	Purified
Hopeful	Mindful	Purposeful
Humble	Modest	Qualified
Humorous	Motivated	Quick

POSITIVE EMOTION LIST

Radiant
Rational
Reasonable
Reassured
Receptive
Recognized
Redeemed
Regenerated
Relaxed
Release
Reliable
Relief
Relieved
Remembered
Replenished
Resolute
Respected
Respectful
Responsive
Restored
Revitalized
Rewarded
Rooted
Satisfied
Secure
Selfless
Self Reliant
Sensational
Sensible
Sensitive
Serene
Settled
Sharing
Simple
Skillful
Smooth

Soothed
Spirited
Splendid
Stable
Steadfast
Strengthened
Strong
Successful
Supported
Sustained
Tactful
Teachable
Temperate
Tenacious
Tender
Thankful
Thoughtful
Thrilled
Tolerant
Tranquil
Triumphant
Trust
Trusting
Unbiased
Understanding
Understood
Undisturbed
Unhurried
Unique
United
Unselfish
Upheld
Valiant
Valuable
Valued
Virile

Vital
Warm
Wealthy
Willing
Wise
Wonderful
Worthwhile
Worthy
Yielding
Zealous